Mensa Hohnsen -

STUDIERENDENWERK OstNiedersachsen

Hohnsen 1 | 31134 Hildesheim | Mo.-Fr. 11:30 - 14:15 Uhr http://www.stw-on.de/speiseplan

09.11.2026 - 13.11.2026

MON

	Stud.| Staff| Guest
Dish 1	3,90€|4,95€|6,45€
Turkey goulash with mushrooms and herbs	
Dish 2	2,50€|6,35€|7,85€
Szeged tofu goulash | Fruits | Parsley potatoes	
Dish 3	2,50€|3,95€|5,45€
Warm rice pudding | Apple sauce	
Dish 4	3,60€|5,05€|6,55€
Asian bowl: peanuts | mie noodles | rice-balls	
Side dish	0,65€|105,00€|105,00€
pasta	
Side dish	0,65€|1,05€|1,05€
Potatoes	
Vegetable	1,10€|1,50€|1,50€
Ratatouille	
Dessert	0,95€|1,35€|1,35€
Cherry quark dish	

TUE

	Stud.| Staff| Guest
Dish 1	3,60€|5,05€|6,55€
Pasta | Sauce bolognese	
Dish 2	2,50€|6,35€|7,85€
Baked sweet potato | Planted Kebab pea-protein based | Mediterranean vegetable-couscous | Tomato dip Fruits	
Dish 3	2,50€|3,95€|5,90€
Serbian bean stew | roll	
Dish 4	3,60€|5,05€|6,55€
Asian bowl: peanuts | mie noodles | rice-balls	
Side dish	0,65€|1,05€|1,05€
Parsley potatoes	
Vegetable	0,90€|1,30€|1,30€
Cauliflower, broccoli and carrots	
Dessert	0,95€|1,35€|1,35€
Warm rice pudding | Cherry topping	
Dessert	0,95€|1,35€|1,35€
Panna cotta | Homemade strawberry sauce	

WED

	Stud.| Staff| Guest
Dish 1	3,90€|4,95€|6,45€
Meatloaf | Onion sauce	
Dish 2	2,50€|6,35€|7,85€
Potato pancakes | Mixed salad | Apple sauce	
Dish 3	2,50€|3,95€|5,45€
Red lentil soup | roll	
Dish 4	3,60€|5,05€|6,55€
Asian bowl: peanuts | mie noodles | rice-balls	
Side dish	0,65€|1,05€|1,05€
Potatoes	
Side dish	0,65€|1,05€|1,05€
Mashed potatoes	
Vegetable	1,10€|1,50€|1,50€
Sauerkraut	
Dessert	0,95€|1,35€|1,35€
Chocolate crème	

THU

	Stud.| Staff| Guest
Dish 1	5,50€|6,95€|8,45€
XXL Cheeseburger	
Dish 2	2,50€|6,35€|7,85€
Chickpea curry | Mixed salad | Basmati rice	
Dish 3	2,95€|4,40€|5,90€
Pea stew with smoked pork	
Dish 4	3,60€|5,05€|6,55€
Asian bowl: peanuts | mie noodles | rice-balls	
Side dish	0,65€|1,05€|1,05€
Basmati rice	
Side dish	1,00€|1,40€|1,40€
Grid potatoes	
Vegetable	0,90€|1,30€|1,30€
Carrots and beans	
Dessert	0,95€|1,35€|1,35€
Greek yogurt | Nut crumble | fig	

FRI

	Stud.| Staff| Guest
Dish 1	3,90€|4,95€|6,55€
Breaded redfish fillet | Dijon mustard sauce	
Dish 2	2,50€|6,35€|7,85€
Baked potato | Pointed cabbage and apple salad | Herb quark	
Dish 3	3,60€|5,05€|6,55€
Savoy cabbage roulade | Tomato sauce | Potatoes	
Dish 4	3,60€|5,05€|6,55€
Asian bowl: peanuts | mie noodles | rice-balls	
Side dish	1,00€|1,40€|1,40€
Fried potatoes	
Side dish	0,65€|1,05€|1,05€
Potatoes	
Vegetable	0,90€|1,30€|1,30€
French beans	
Dessert	0,95€|1,35€|1,35€
Mousse walnut flavour | Hazelnut brittle	

A = contains allergens
Z = contains additives
S = additional labelling

Please consult our Infopoint for detailed information about our labeling. If you have further questions please ask our staff.